



# Enhancing Mental Health, Technology, and Student Success in Higher Ed





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# About Anthology

## Mission:

Our mission is to provide dynamic, data-informed experiences to the global education community so that learners and educators can achieve their goals

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MANAGEMENT

IMODULES

# A Global Organization with a Range of Solutions

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Admissions & Enrollment  
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Alumni & Advancement

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Engagement & Retention

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Enterprise Applications

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Institutional & Learning Effectiveness

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K-12 Community Engagement

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Student Success

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Teaching & Learning

# Impact of Pandemic

# Pandemic Caused Students to Adjust Education

**6 in 10**

Pandemic resulted in an impact on their studies

*Sample size = 1,165*

Of those who indicated an impact to their studies:

- 55%: Paused studies before returning
- 55%: Reduced number of credits taken
- 43%: Changed major/program at the same college
- 28%: Enrolled at a different college

# Students' Lives Became Busier

**More than 4 in  
10**

Increased the amount of time  
spent working part- or full-  
time in a paid position

*Sample size = 1,165*

**More than 5 in  
10**

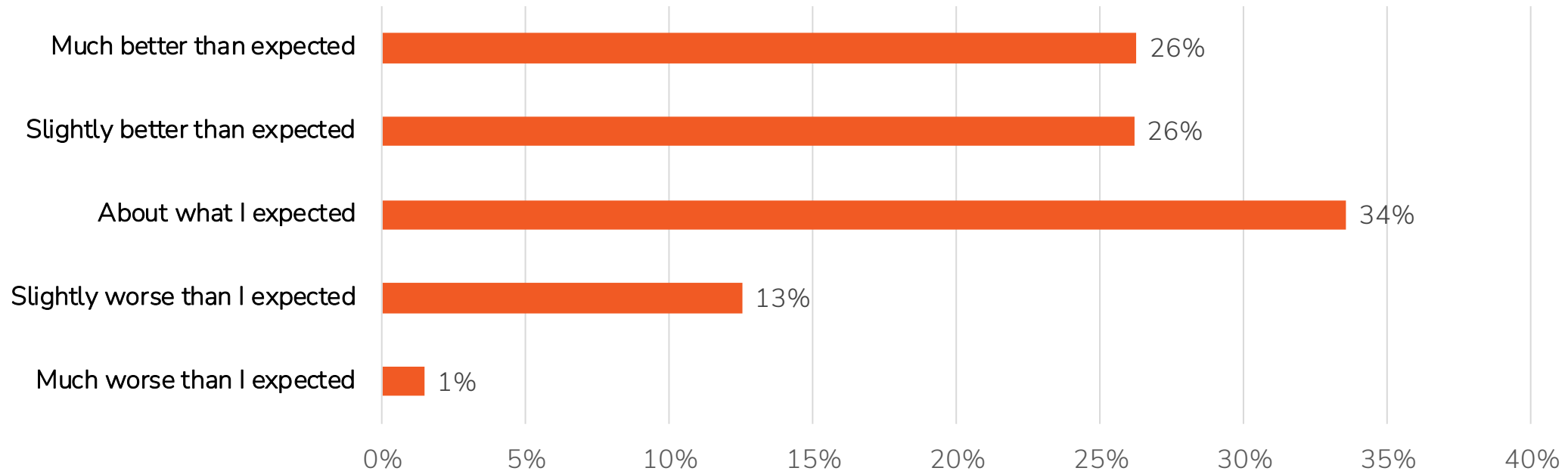
Reported spending more time  
on classes and assignments

*Sample size = 1,165*

- Nearly 5 in 10 reported that the amount of support from instructors increased during the pandemic

# Students Generally Satisfied with Experience

How does the educational experience you are receiving compare to what you had expected?



Sample size = 1,165



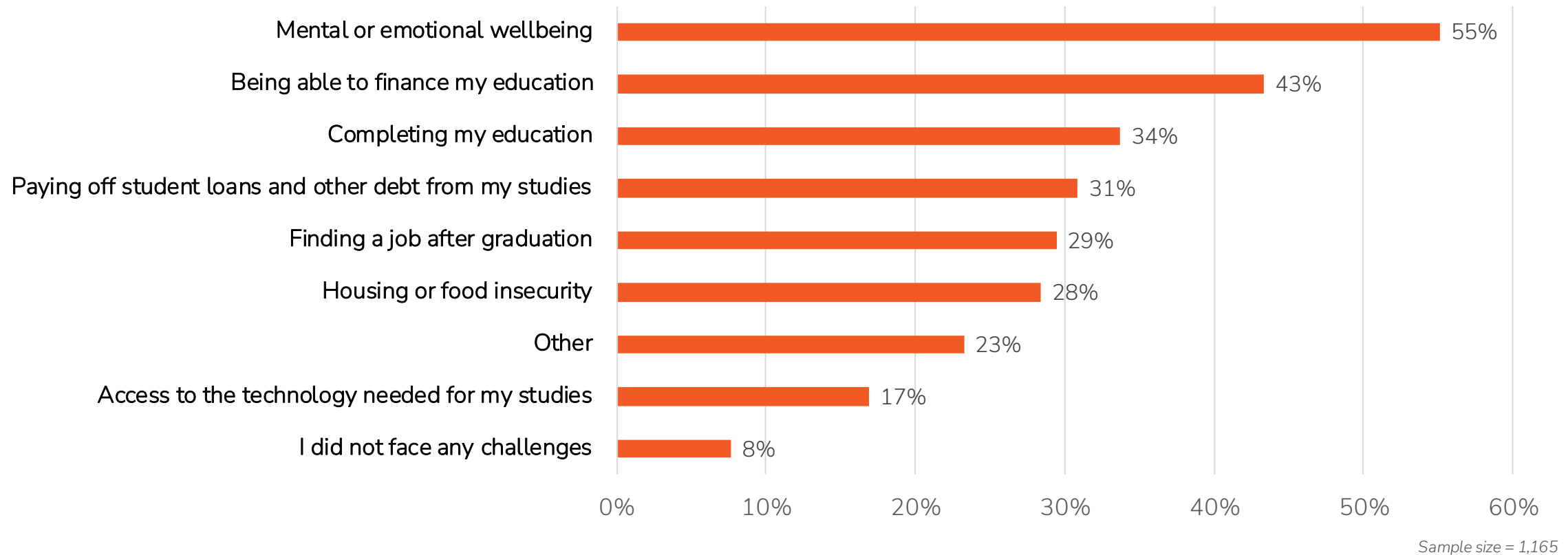
# Discussion



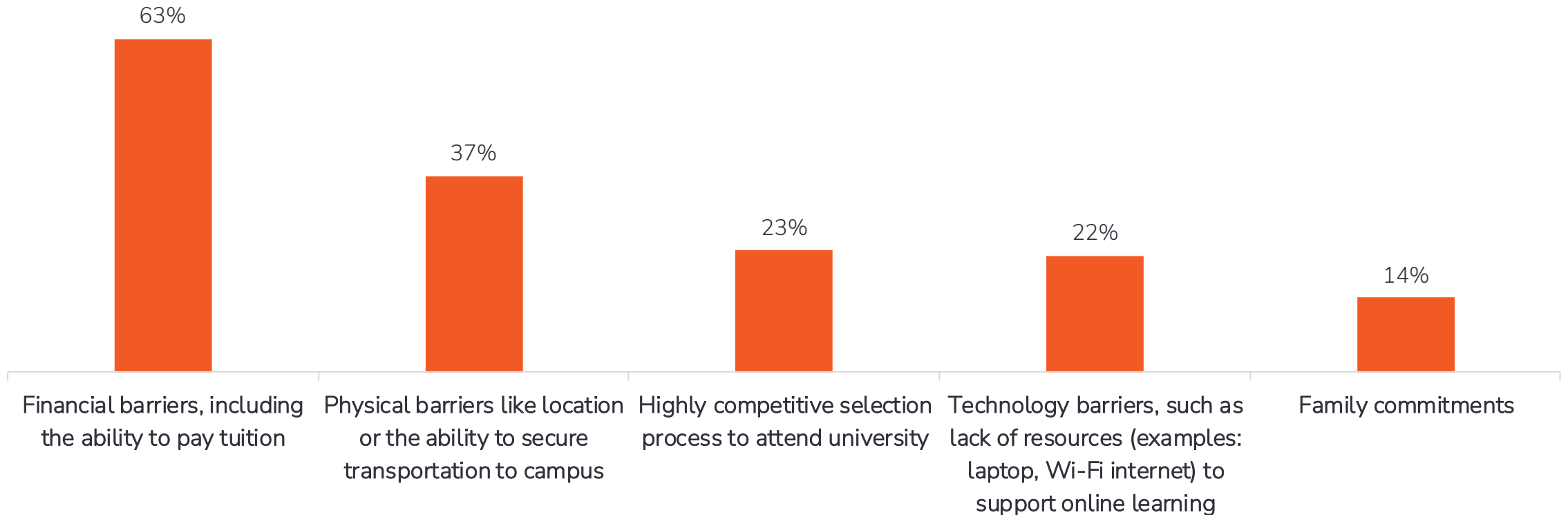
# Challenges Experienced

# Most Students Faced Challenges Due to COVID-19

Have you experienced challenges with any of the areas below within the past year?



# Challenges Students Identified When Considering Pursuing Their Education




Sample size = 270

# Discussion

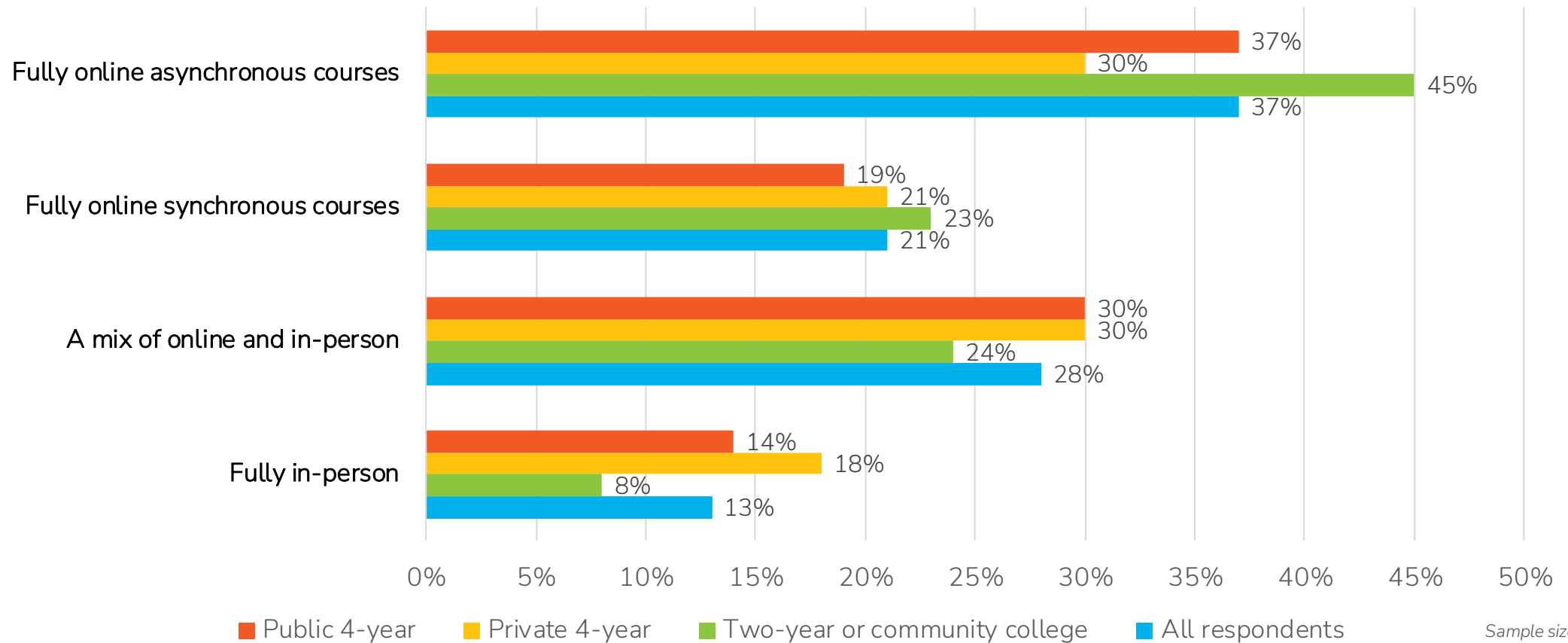


# Expectations of Course Structure, Technology, and Support



# Course Delivery Preference

What is your preference for how courses are structured?



Sample size = 1,165



# First-Generation Students Prefer Online Options

**7 in 10**

First-generation students indicated a preference for synchronous (27%) or asynchronous (43%) **fully online courses**

*Sample size = 534*

**Fewer than 5 in 10**

Continuing generation students expressed a preference for **fully online courses**

*Sample size = 631*

- Similar degree of preference across institution types between first-generation and continuing generation students
- Higher % of continuing generation students prefer a mix of online and in-person learning (34% vs. 22%)



# Non-Traditional Student Preferences

**Nearly 1 in 2**

Non-traditional students  
(those over the age of 25)  
indicated a preference for  
asynchronous fully online  
courses (48%)

*Sample size = 383*

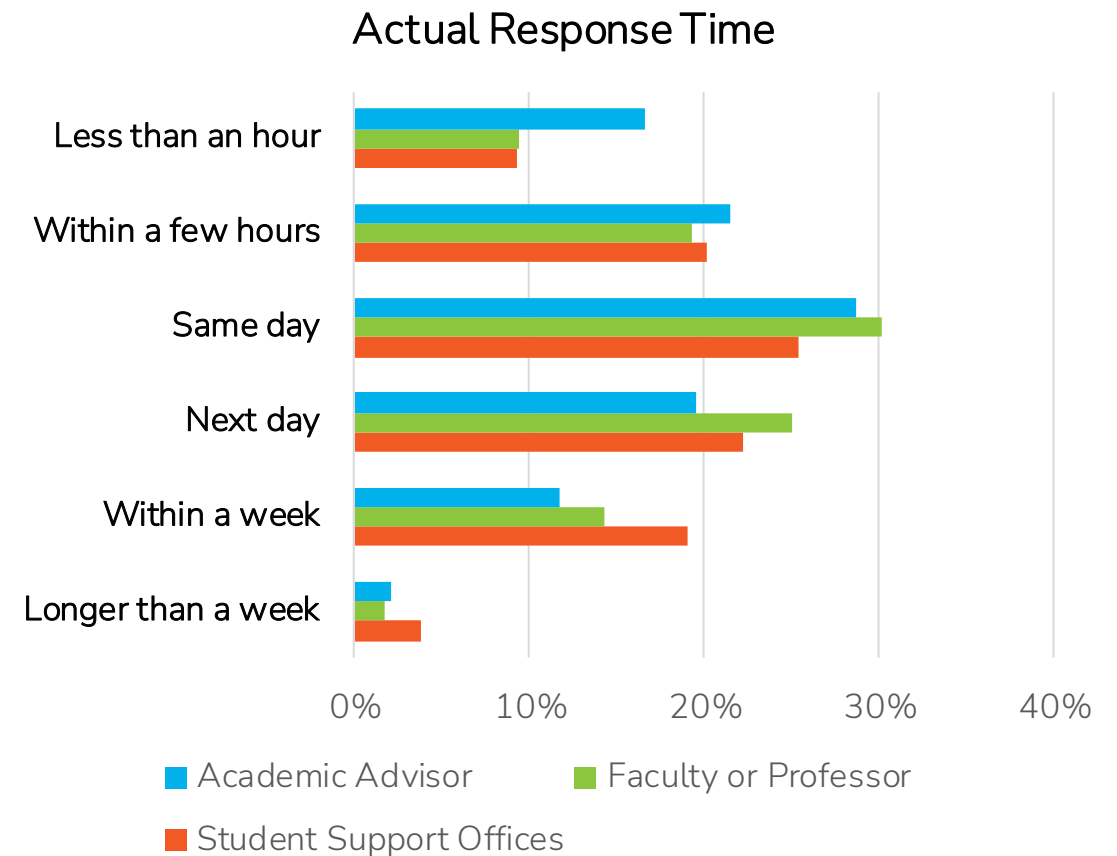
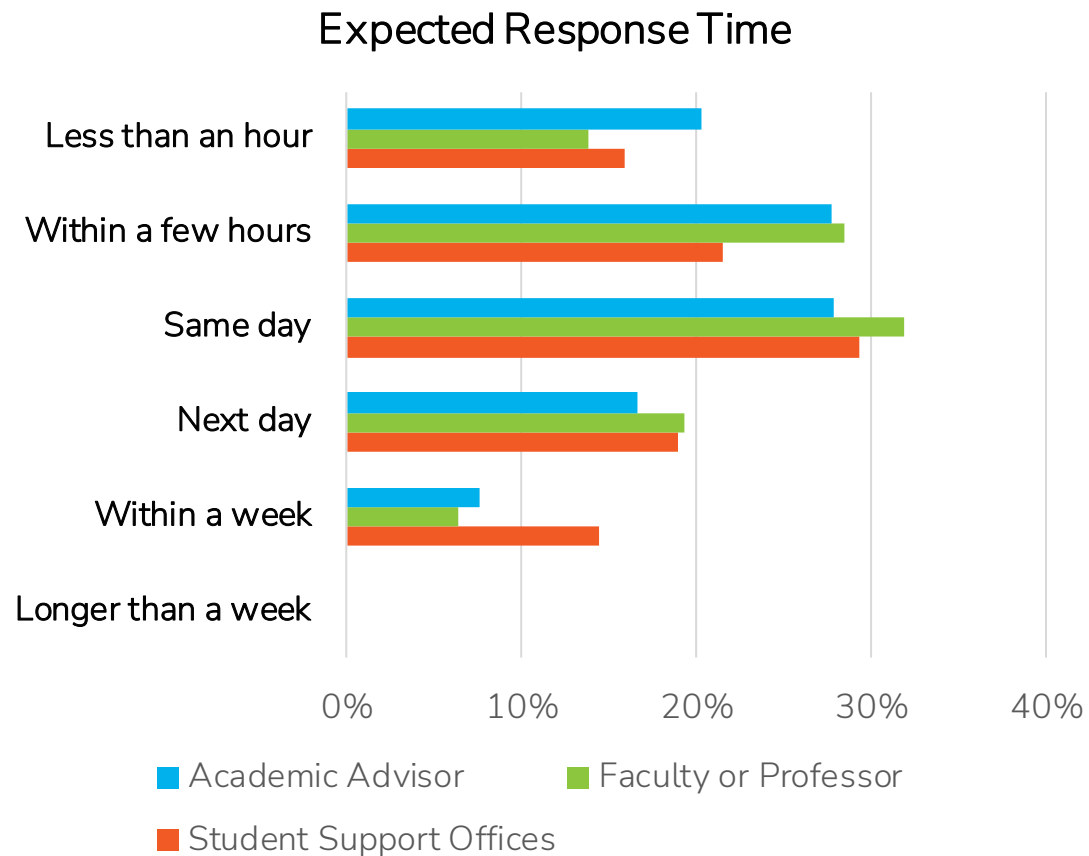
**Nearly 1 in 4**

Non-traditional students  
expressed a preference for fully  
online synchronous courses  
(24%)

*Sample size = 383*

- Non-traditional first-generation students had a stronger preference for online courses
- 1 in 3 non-traditional continuing generation students preferred fully in-person courses or courses that included a mix of online and in-person classes

# Online Students: Expectations of Response Time



Sample size varies between 467 and 513

# Discussion



# Student Support Resources and Completion

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# Satisfaction with Resources to Support Success

**Over 2 in 3**

Agree or Strongly Agree that they are satisfied with available services and resources

*Sample size = 1,165*

- No statistical differences by:
  - First-generation status
  - Ethnicity
  - Distance from campus

**~1 in 2**

Indicated that student success teams **Completely** (18%) or **Significantly** (31%) understand their needs

*Sample size = 1,165*

- Slightly over 1 in 10 felt that needs were only slightly or not at all understood

# Factors That May Impact Completion

**Nearly 1 in 2**

Cited financial factors as a reason for potentially not completing their education

**4 in 10**

Indicated that their mental and physical health may be a factor in not completing their education

- Additional factors included: Loss of interest (23%); lack of support (21%); Family obligations (16%)
- Only slightly over 1 in 10 indicated that there were no reasons that would affect their continuation toward their degree



# Discussion

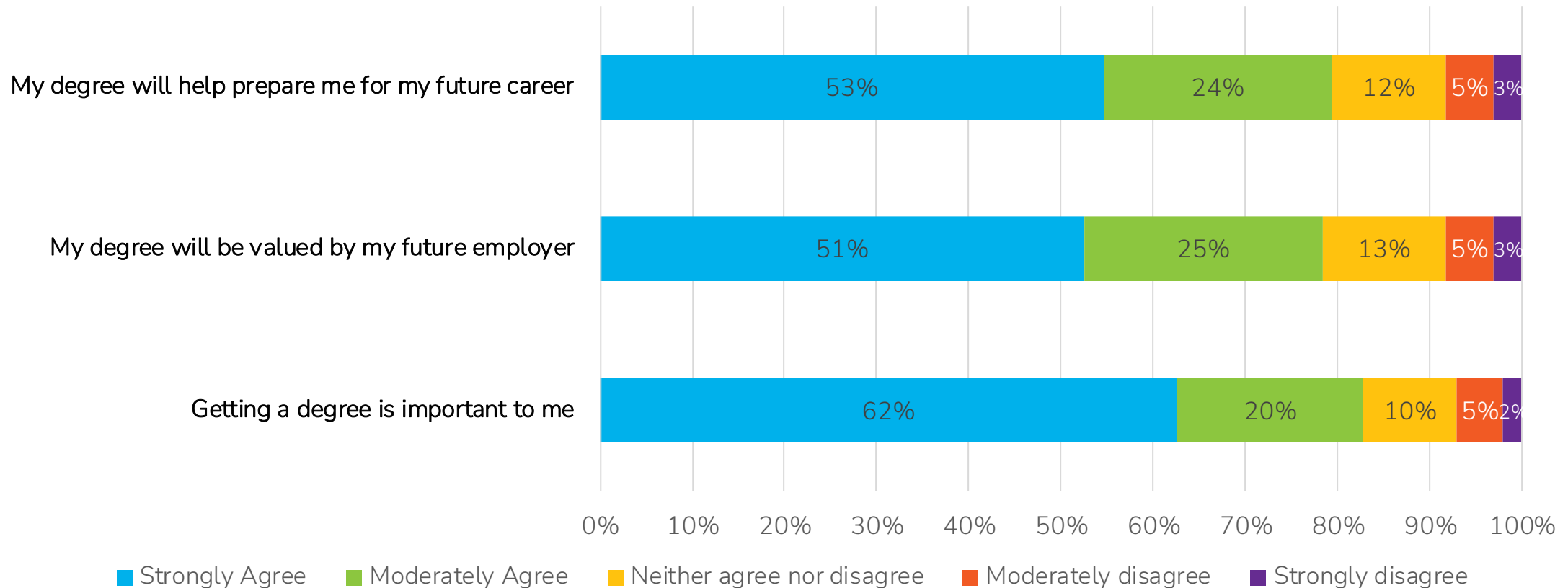


# Educational Experience and Career Preparation

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# Career Goals and Earning a Credential



Sample size varies from 1,093 to 1,105 (values of Unable to Judge removed from the chart above)

# How Prepared Do Students Feel?

**2 in 3** of all  
respondents

Feel prepared for career after  
graduation

*Sample size = 1,165*

**1 in 2**

*Community college* students  
feel prepared for career

*Sample size = 258*

- Slightly more first-generation students felt prepared for a career than continuing generation students

# Finding a Job in Their Field

**7 in 10**

At least moderately  
concerned

*Sample size = 1,165*

Themes among those who indicated they were extremely or very concerned:

- Uncertainty about level of preparation
- Unsure whether taught the right things
- Lack of experience when applying for positions
- Impact of pandemic on job prospects

# Final Thoughts

